

# KEN SHIN KAI YOSHINKAN AIKIDO

## ADULT CLASSES - TRAINING 2025

ADMIRAL LORD NELSON SCHOOL (ALNS)

FAREHAM LEISURE CENTRE (FLC)

(Last updated 14<sup>th</sup> August 2024)

FRIDAY ADULTS (16+) 8.00PM – 9.30PM (ALNS)  
SUNDAY ADULTS (16+) 11.00AM – 12.30PM (ALNS)  
MONDAY ADULTS (3<sup>rd</sup> KYU+) 8.00PM – 9.30PM (FLC)  
WEDNESDAY ADULTS (16+) 8.00PM – 9.30PM (FLC)  
(Please arrive 15 minutes before start time)

\*\*\* LAST SESSION 2025 WILL BE FRIDAY 5<sup>TH</sup> DECEMBER \*\*\*

\*\*\* FIRST SESSION 2026 WILL BE FRIDAY 9<sup>TH</sup> JANUARY \*\*\*

### ADULT (KYU) GRADINGS

SUNDAY 29<sup>TH</sup> JUNE (11:00 – 13:30)

SUNDAY 16<sup>TH</sup> NOVEMBER (11:00 – 13:30)

(There may be additional gradings throughout the year, dates will be released nearer the time)

### CANCELLATIONS

PLEASE CHECK WEBSITE REGULARLY FOR LATEST INFORMATION ON CANCELLATIONS

[Cancellations Page](#)

DEC (2024) - SUNDAY 8<sup>TH</sup> TO JAN (2025) - WEDNESDAY 8<sup>TH</sup> (XMAS BREAK)

FEBRUARY - SUNDAY 9<sup>TH</sup> (CANCELLED FOR FIRST AID COURSE)

FEBRUARY - WEDNESDAY 26<sup>TH</sup> (CANCELLED BY FLC)

APRIL - FRI 11<sup>TH</sup> TO MON 21<sup>ST</sup> (EASTER HOLIDAY)

MAY - FRI 2<sup>ND</sup>, SUN 4<sup>TH</sup> & MON 5<sup>TH</sup> (HOLIDAY WEEKEND)

MAY - FRI 23<sup>RD</sup>, SUN 25<sup>TH</sup> & MON 26<sup>TH</sup> (HOLIDAY WEEKEND)

JUNE - SUNDAY 29<sup>TH</sup> (CANCELLED FOR ADULT GRADING)

JULY – FRI 25<sup>TH</sup>, SUN 27<sup>TH</sup>, MON 28<sup>TH</sup> & WED 30<sup>TH</sup> (SUMMER BREAK)

AUGUST - ALL CLASSES (SUMMER BREAK)

SEPTEMBER – MON 1<sup>ST</sup>, WED 3<sup>RD</sup> & FRI 5<sup>TH</sup> (SUMMER BREAK)

NOVEMBER - SUNDAY 16<sup>TH</sup> (CANCELLED FOR ADULT GRADING)

DEC - SUNDAY 7<sup>TH</sup> TO JAN (2026) - WEDNESDAY 7<sup>TH</sup> (XMAS BREAK)

### AMENDMENTS

MARCH - SUNDAY 23<sup>RD</sup> (ADULT CLASS STARTS LATER AT 11.30AM)

JULY- SUNDAY 13<sup>TH</sup> (ADULT CLASS STARTS LATER AT 11.30AM)

NOVEMBER - SUNDAY 23<sup>RD</sup> (ADULT CLASS STARTS LATER AT 11.30AM)