

\*not on Shodan syllabus

		Tachi Waza		Suwari Waza	
		Ichi	Ni	Ichi	Ni
<b>Shihonage</b>					
1	Katate Mochi				
2	Ryote Mochi				
3	Yokomen Uchi				
4	Shomen Uchi				
5	*Shomen Tsuki				
6	Ushiro Ryote Mochi				
7	*Hanmi Hantachi Katate Mochi				*
8	Hanmi Hantachi Ryote Mochi				

		Tachi Waza		Suwari Waza	
		Ichi	Ni	Ichi	Ni
<b>Ikkajo</b>					
1	Shomen Uchi				
2	Yokomen Uchi				
3	Katate Mochi				
4	*Hiji Mochi				
5	Kata Mochi				
6	Ryote Mochi				
7	Mune Mochi				
8	Ryote Mune Mochi				
9	Shomen Tsuki				
10	Ushiro Ryote Mochi				
11	Ushiro Katate Eri Mochi				
12	*Ushiro Ryo Hiji Mochi				
13	*Ushiro Ryo Kata Mochi				
14	*Ushiro Eri Mochi				

		Tachi Waza		Suwari Waza	
		Ichi	Ni	Ichi	Ni
<b>Nikajo</b>					
1	Shomen Uchi				
2	Yokomen Uchi				
3	Katate Mochi				
4	*Hiji Mochi				
5	Kata Mochi				
6	Ryote Mochi				
7	Mune Mochi				
8	Ryote Mune Mochi				
9	Shomen Tsuki Kata Tsuki				
10	*Katate Ai Mochi				

		Tachi Waza		Suwari Waza	
		Ichi	Ni	Ichi	Ni
<b>Sankajo</b>					
1	Shomen Uchi				
2	Yokomen Uchi				
3	Katate Mochi				
4	*Hiji Mochi				
5	Kata Mochi				
6	Ryote Mochi				
7	Mune Mochi				
8	Ryote Mune Mochi				
9	Ushiro Ryote Mochi				
10	Ushiro Katate Eri Mochi				
11	*Ushiro Ryo Hiji Mochi				
12	*Ushiro Ryo Kata Mochi				

		Tachi Waza		Suwari Waza	
		Ichi	Ni	Ichi	Ni
<b>Yonkajo</b>					
1	Shomen Uchi				
2	Yokomen Uchi				
3	Katate Mochi				
4	*Ryote Mochi				
5	*Hiji Mochi				
6	*Kata Mochi				

		Tachi Waza		Suwari Waza	
		Ichi	Ni	Ichi	Ni
<b>Sokumen Iriminage</b>					
1	Shomen Uchi				
2	Yokomen Uchi				
3	Katate Mochi				
4	*Ryote Mochi				
5	Kata Mochi				
6	Mune Mochi				
7	Hiji Mochi				
8	Shomen Tsuki				
9	*Ushiro Ryote Mochi				
10	*Ushiro Ryo Hiji Mochi				
11	*Ushiro Ryo Kata Mochi				

		Tachi Waza		Suwari Waza	
		Ichi	Ni	Ichi	Ni
<b>Shomen Iriminage</b>					
1	Shomen Uchi				
2	Yokomen Uchi				
3	Shomen Tsuki				
4	*Katate Mochi				
5	*Ryote Mochi				

		Tachi Waza		Suwari Waza	
		Ichi	Ni	Ichi	Ni
<b>Irimi Tsuki</b>					
1	Katate Mochi				
2	Shomen Tsuki				

		Tachi Waza		Suwari Waza	
		Ichi	Ni	Ichi	Ni
<b>Hiji Jime</b>					
1	Shomen Uchi				
2	Yokomen Uchi				
3	*Katate Mochi				
4	Kata Mochi				
5	Ryote Mochi				
6	Mune Mochi				
7	Shomen Tsuki				
8	*Ushiro Ryote Mochi				
9	*Ushiro Eri Mochi				

		Tachi Waza		Suwari Waza	
		Ichi	Ni	Ichi	Ni
<b>Hiji Ate Kokyu Nage</b>					
1	Shomen Uchi				
2	Yokomen Uchi				
3	Katate Mochi				
4	Ryote Mochi				
5	Shomen Tsuki				
6	*Ushiro Ryote Mochi				

		Tachi Waza		Suwari Waza	
		Ichi	Ni	Ichi	Ni
<b>Kote Gaeshi</b>					
1	Shomen Uchi				
2	Yokomen Uchi				
3	Shomen Tsuki				
4	*Katate Mochi				
5	*Ryote Mochi				
6	*Ushiro Ryote Mochi				

		Tachi Waza		Suwari Waza	
		Ichi	Ni	Ichi	Ni
<b>Tenchi Nage</b>					
1	Ryote Mochi				

		Tachi Waza		Suwari Waza	
		Ichi	Ni	Ichi	Ni
<b>Ushiro Nage</b>					
1	Shomen Tsuki				
2	Shomen Uchi				
3	*Ryote Mochi				

		Tachi Waza		Suwari Waza	
		Ichi	Ni	Ichi	Ni
<b>Kaiten Nage</b>					
1	*Katate Mochi				
2	*Shomen Tsuki				

		Tachi Waza		Suwari Waza	
		Ichi	Ni	Ichi	Ni
<b>Juji Nage</b>					
1	*Ushiro Ryote Mochi				

		Tachi Waza		Suwari Waza	
		Ichi	Ni	Ichi	Ni
<b>Kokyu Nage</b>					
1	*Shomen Uchi				
2	Yokomen Uchi				
3	Katate Mochi				
4	Ryote Mochi				
5	*Shomen Tsuki				
6	*Ushiro Ryote Mochi				

		Tachi Waza		Suwari Waza	
		Ichi	Ni	Ichi	Ni
<b>Koshi Nage</b>					
1	*Shomen Uchi				
2	*Yokomen Uchi				
3	*Katate Mochi				
4	*Ryote Mochi				

		Tachi Waza		Suwari Waza	
		Ichi	Ni	Ichi	Ni
<b>Kokyu Ho</b>					
1	*Suwari Waza Ryote Mochi 1 to 5				

		Tachi Waza		Suwari Waza	
		Ichi	Ni	Ichi	Ni
<b>Jiyu Waza</b>					
1	Shomen Uchi				
2	Yokomen Uchi				
3	Katate Mochi				
4	Ryote Mochi				
5	Shomen Tsuki				
6	Jodan Tsuki				
7	*Kata Mochi				
8	*Shomen Yokomen Uchi				
9	*Ushiro Ryote Mochi				
10	*Ushiro Ryo Hiji Mochi				
11	*Ushiro Ryo Kata Mochi				
12	*Tanto Dori				
13	*Ken Dori				
14	*Suwari Waza Ryote Mochi				
15	*Futari Dori (Nidan)				
16	*San Nin Dori (Sandan)				

		Tachi Waza		Suwari Waza	
		Ichi	Ni	Ichi	Ni
<b>Weapons</b>					
1	Kihon Dosa with Bokken				
2	7 Ken Suburi				
3	4 Ken Awase				
4	20 Jo Suburi				
5	31 Jo Kata				
6	13 Jo Kata				
7	*Ki Musubi No Tachi				
8	*Happo Giri				