

# Ken Shin Kai - Junior Newsletter

## LATEST NEWS!

- Happy New Year to everyone! Christmas seems a distant memory now, but we hope you all had a good break and are now back enjoying your aikido training.
- Sensei Richard Lewis is returning to Japan in May 2018 to further extend his knowledge of Yoshinkan Aikido. As you are probably aware 5 adult members travelled to Japan last year, in June, to train Yoshinkan Aikido.



## GRADING WEEKEND

### Friday 23<sup>rd</sup> & Sunday 25<sup>th</sup> MARCH

The next Junior gradings will be held at ALNS (Portsmouth) on **Friday 23<sup>RD</sup>** and **Sunday 25<sup>TH</sup> March**. Spectators welcome!  
*(See back for FULL list of dates for 2018)*

Members will be invited by letter (to the Friday or Sunday grading), prior to the grading weekend, if it is felt that they are ready (based on session count, attitude, technical knowledge, consistent training, ability to uke/ukemi).

**Please remember that not everyone will be ready to grade at every grading examination. It is important that members remember their techniques from previous gradings in addition to those needed for their next grading.**

NB: You do not need to attend training on the grading sessions if you have not been invited to test.



## UPCOMING CANCELLATIONS

*See back for FULL list of cancellations for 2018*

### SUNDAY 4<sup>TH</sup> MARCH

Junior class is cancelled for an Instructor seminar.

### FRIDAY 23<sup>RD</sup> & SUNDAY 25<sup>TH</sup> MARCH

Normal junior classes are cancelled for the Junior Grading.

### FRIDAY 30<sup>TH</sup> MAR & SUNDAY 1<sup>ST</sup> APRIL

All classes are cancelled for Easter Holiday weekend.

## UPCOMING EVENTS

### JUNIOR GRADING WEEKEND

**FRIDAY 23<sup>RD</sup> MAR - 7.00PM TO 8:00PM**

**SUNDAY 25<sup>TH</sup> MAR - 10.00AM TO 11.00AM**

ADMIRAL LORD NELSON SCHOOL, PORTSMOUTH, PO3 5XT  
SPECTATORS WELCOME

## REGULAR JUNIOR CLASSES

Please check website [cancellations](#) page before travelling to classes!

(Please arrive 10 minutes before the start time)

**Friday (Juniors 7yrs+): 7.00PM TO 8.00PM**

**Sunday (Juniors 7yrs+): 10.00AM TO 11.00AM**

@ Admiral Lord Nelson School, PO3 5XT.

## ADMIRAL LORD NELSON SCHOOL DOOR SECURITY

If you find that the main doors are locked when you arrive for/leave classes, you will need to use the door via the Café / Sports Deck entrance. Which is accessed via a small gate on the left just before you exit the car park (near the advertising banners on the fence). This is due to a recent security issue meaning that it is not possible to keep both doors open. all of the time. Thank you for your assistance.

## CANCELLATIONS

Please make sure you check the website cancellations page before travelling to classes:  
<http://www.kenshinkai.org.uk/cancellations.aspx>