

Ken Shin Kai - Junior Newsletter

IMPORTANT NEWS

- Sensei Garry Masters, Sensei Richard Lewis, Dee Masters, Daniel Burton + 1 are travelling to Tokyo/Kyoto in June 2017 to further their knowledge of Yoshinkan Aikido there will be some additional cancellations in June due to this trip. Sorry for any inconvenience. *See back.*
- Please try to ensure you have a drink for the drink break and that you wear footwear that is easy to put on/off e.g. sandals or flip flops.
- All jewellery and watches etc. must be removed before training to avoid injury to yourself and others.
- We have a few places still available at our junior classes (7+) in Portsmouth on Friday and Sunday. First class FREE. No obligation to join. So let your friends know :-D

UPCOMING CANCELLATIONS

See back for FULL list of cancellations for 2017

SUNDAY 31ST MARCH

Junior class cancelled for Adult grading.

FRI 14TH APR to MON 17TH APR

All classes cancelled for Easter Holiday weekend.

FRI 28TH APR to MON 1ST MAY

All classes cancelled for Public Holiday weekend.

UPCOMING EVENTS

JUNIOR GRADING WEEKEND

FRIDAY 10TH MAR - 7.00PM TO 8.00PM

SUNDAY 12TH MAR - 10.00AM TO 11.00AM

ADMIRAL LORD NELSON SCHOOL, PORTSMOUTH, PO3 5XT
SPECTATORS WELCOME

REGULAR JUNIOR CLASSES

(Please arrive 10 minutes before the start time)

Friday (Juniors 7yrs+): 7.00PM TO 8.00PM

Sunday (Juniors 7yrs+): 10.00AM TO 11.00AM

@ Admiral Lord Nelson School, PO3 5XT.

GRADING WEEKEND

FRI 10TH / SUN 12TH MARCH

The next Junior gradings will be held at ALNS (Portsmouth) on **Friday 10TH and Sunday 12TH March**. Spectators welcome! *See back for FULL list of grading dates for 2017.*

Members will be invited by letter prior to the grading weekend, if it is felt that they are ready (based on session count, attitude, technical knowledge, consistent training, ability to uke/ukemi etc.) to take their next grading. Members (who are ready to participate) will be invited to grade on the Friday or the Sunday of the grading weekend.

Please remember not everyone will be eligible to grade at every grading. Thank you.



KEEPING UP TO DATE FOR PARENTS AND GUARDIANS

All information related to training, classes and events is posted on our website

www.kenshinkai.org.uk.

There is a link to "**Members**" on the right hand side of the menu bar (next to Email Us). Click this link to open the Members page and see updates, events and cancellations.

There are also "**Kenshinkai Yoshinkan Aikido**" and "**Kenshinkai Juniors**" groups available in Facebook please search and "Request to Join". Also please feel free to friend request "**Kenshinkai Aikido**"!

FOR PARENTS AND GUARDIANS

Please support us via the Portsmouth Lottery, see:

<https://www.portsmouthlottery.co.uk/support/learn-aikido-in-portsmouth>